

embrace-learning

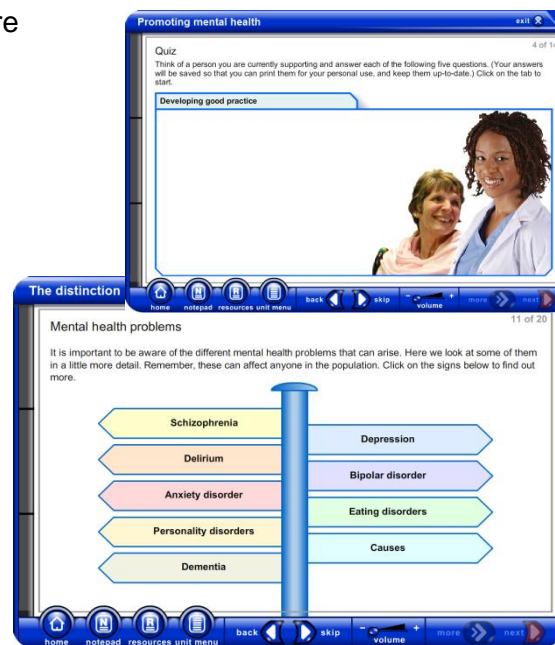
Learning Disabilities/Mental Health

This e-learning course, *Supporting People with Learning Disabilities and Mental Health Needs*, is broken down into four easy-to-follow units - an introduction and three study units. Using examples and interviews, it will provide learners with a better understanding of why people with learning disabilities may suffer from mental health issues and the signs to look out for.

It emphasises the differences between the two conditions and explains some of the treatment options available for those who are suffering from mental ill health.

The objectives for each study unit are that learners will be able to:

- list the principles and values to apply when supporting people with learning disabilities
- describe what is meant by a person-centred approach
- understand the distinction between learning disability and mental ill-health
- explain what the main mental health problems are and their effects
- identify the signs that someone has mental health problems and the factors that can trigger them
- describe how they will help to develop good practice in the workplace
- explain ways of promoting good mental health for the people they support
- understand the importance of keeping accurate records
- identify appropriate sources of help and support for the people in their care



- define their role when people they support are undergoing mental health assessments
- describe the treatments that can be used to help people with mental health needs
- explain why and when the Mental Capacity Act and the Mental Health Act might be used
- list a person's rights under the Mental Health Act
- identify ways in which they will put their learning into practice.

