Cmbrace-learning

This short e-learning course comprises an introduction and two easy-to-follow study units. Unit 1 deals with Risk - its assessment and management - whilst unit 2 covers the general aspects of Health and Safety in the context of the workplace.

Learning Objectives: at the end of the course, students will be aware of:



Risk Management / Assessment

Aspects students will cover include:

- Their attitude to risk
- The five principal risk factors
- The human, economic and legal costs of accidents
- · How to identify hazards and evaluate risks
- The five key steps of risk assessment
- How to conduct a basic risk assessment

- The policies and procedures they need to observe to keep safe at work
- The responsibilities that everyone has to promote health and safety at work
- An introduction to fire safety and turning off utilities in an emergency
- The procedures for safe moving and handling
- What they can and cand do when an incident needs emergency first aid
- An awareness of medication and healthcare procedures
- Key tips regarding their personal security and safety



- the Fundamentals