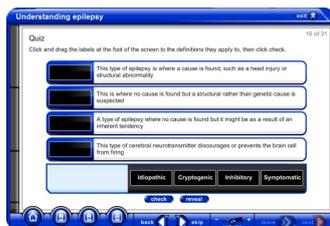


This e-learning course, *Epilepsy Awareness*, is broken down into four easy-to-follow units - an introduction and three study units. It aims to raise awareness of epilepsy - what it is, the symptoms, the different types of seizure and the impact it can have on people's everyday lives.

By providing learners with a better understanding of the condition, it will enable them to offer more effective support to the people in their care.

The objectives for each study unit are that learners will be able to:

- quote some of the statistics relating to people with epilepsy who have learning difficulties
- explain what epilepsy is and identify possible causes of the condition
- identify methods used to diagnose epilepsy
- understand the basics of how the brain works and what causes seizures
- list the different types of seizure and their symptoms
- explain what a Non-epileptic Attack Disorder (NEAD) is
- describe the signs to look out for when service users are about to have an epileptic seizure
- understand the importance of knowing each service user's warning signs and support needs
- identify the conditions and circumstances that can trigger epileptic seizures
- list the do's and don'ts when supporting someone through a seizure and explain what to do in an emergency
- define the term *Status Epilepticus*
- access detailed information about medication available for people with epilepsy
- describe other methods of treatment such as vagus nerve stimulation
- explain the impact epilepsy can have on a person's lifestyle and state of mind
- understand what SUDEP means and why people with epilepsy may be at higher risk of an early death
- list the records that must be kept when supporting people with epilepsy.



Epilepsy Awareness