

embrace-learning

This e-learning course comprises three easy-to-follow units - an introduction and two study units. Unit 1 deals with Dementia Awareness, whilst unit 2 covers the Person-centred approach to the care and support of an individual with dementia. Each unit contains a workbook and there is also a post-course Learning Pack that acts as a useful guide to the subject when studying off-line.

Learning Objectives: at the end of the course, learners will be able to:

- Define clearly what dementia is and describe the key functions of the brain that are affected by dementia
- Know the most common types of dementia and their causes
- Identify the early symptoms and warning signs
- Understand how to enable individuals with dementia to live comfortable, happy and fulfilling lives
- Understand the role of carers and others in the support of individuals with dementia

The image displays three overlapping screenshots of an e-learning course titled "Caring for People with Dementia - the Fundamentals".

- Top Screenshot (Slide 4 of 18):** "Definition and Causes". It defines dementia as a broad term meaning loss of memory and other mental abilities severe enough to affect a person's ability to cope with everyday life. It includes a video of a man speaking and a text box stating: "Dementia can result from a range of conditions that cause physical changes to the brain. The most common cause is Alzheimer's disease (50 - 70 per cent of cases). Others include Parkinson's disease, strokes, infections and head injuries."
- Middle Screenshot (Slide 6 of 18):** "Identifying Early Warning Signs". It asks, "Here are three examples of changes in behaviour which we might notice in someone with dementia. Which type(s) of behaviour would cause you concern? Read the text and then click on the person to find out more." It features three examples: Mary (85, occasional room/upstairs confusion), John (forgot dentist appointment), and Laura (forgot father's name after bumping into him).
- Bottom Screenshot (Slide 14 of 18):** "Alzheimer's Disease on the Brain". It discusses the physical effects of dementia, showing a comparison between a healthy brain and one with advanced Alzheimer's disease, where the brain is significantly smaller. It notes that as the disease advances, the brain shrinks due to cell death and loss of volume over time, which reduces the brain's ability to function and therefore the person with the condition.

A text box on the left side of the screenshots states: "Topics covered include the early symptoms and warning signs, along with the early, middle and late stages of the condition."

Dementia - the Fundamentals

Full length version of this course also available