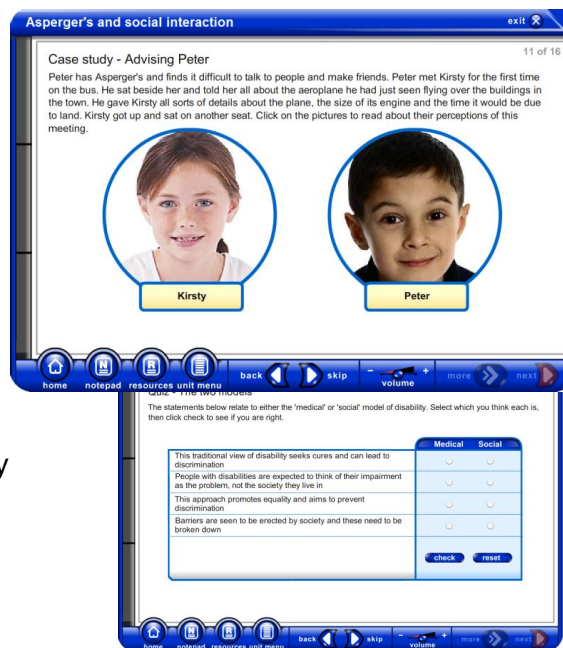


This e-learning course, *Supporting People with Asperger's Syndrome*, is broken down into four easy-to-follow units - an introduction and three study units. It defines Asperger's syndrome, examines how it fits into the autism spectrum and identifies how it affects the way people think and behave.

The course explores common difficulties that people with the condition experience, for example in terms of communication and memory, and looks at techniques for helping them to cope with these on a day-to-day basis. Learners will be able to apply this information to the way they provide support for people who have Asperger's.

The objectives for each study unit are that learners will be able to:

- define autism and Asperger's syndrome
- identify possible causes of the condition
- understand the benefits of an early diagnosis
- provide an outline of the theory behind autism spectrum conditions
- describe two models of disability and decide which approach is more effective in terms of Asperger's
- list some of the common difficulties that people with Asperger's experience
- explain why communicating can be problematic for some people within the autism spectrum
- draw on tips and guidelines in order to help people communicate more easily and effectively
- describe why communication and interaction in general are viewed so differently by some people with Asperger's
- explain how those with autism differ from other people in the way they view the world
- describe the 'theory of mind' experiment and how it is used as a diagnostic tool
- suggest possible solutions to overcome a person's memory problems or sensory sensitivity
- identify the legislation in place to help people with disabilities
- explain what a person-centered approach is and identify its benefits.



Supporting People with Asperger's